



May 2023

PRIME

TIME

940 London Avenue, Suite 1800
Marysville, OH

Voice: 937-644-1010 Option 5

Fax: 937-644-8700

<https://www.unioncountyohio.gov/senior-services-home>

2023 Senior Farmers Market Nutrition Program

June 23rd, 11:00am –1:00pm

940 London Ave Marysville, OH 43040, Conference Room A/B

For the 2023 season, eligible participants have their choice from three different options:

\$50 produce box: If you select this option, you will receive a one-time box of in-season, locally grown fruits, vegetables, and honey. Items may include onions, corn, tomatoes, carrots, peppers, peaches, and honey.

\$25 in coupons and \$25 produce box: If you select this option, you will receive \$25 in SFMNP coupons that you can use at area community farmers market and roadside stands until November 30, 2023, as well as a \$25 produce box of in-season, locally grown fruits, vegetables, and honey.

\$50 in coupons: If you select this option, you will receive \$50 in SFMNP coupons that you can use at area community farmers market and roadside stands until November 30, 2023.

ELECTRONIC- Electronic applications must be received by **June 9, 2023** in order to be guaranteed you will receive your 2023 SFMNP benefit at your county's distribution event.

OR

MAIL- Hard copy applications must be received at LifeCare Alliance by **June 9, 2023** in order to be guaranteed you will receive your 2023 SFMNP benefit at your county's distribution event. Completed hard copy applications should be mailed to LifeCare Alliance, Attention: **SFMNP, 670 Harmon Ave., Columbus, OH 43223.**

HOW TO RECEIVE YOUR 2023 SFMNP BENEFITS:

Applicants are expected to be physically present to pick up their SFMNP coupons and/or produce box on June 23rd between 11:00am to 1:00pm.

If you are unable to be physically present on June 23rd, you are permitted to have a trusted representative pick up your selection for you as a proxy. A person is permitted to pick up for themselves, as well as to serve as proxy for a maximum of **two** other applicants.

For further questions, contact Union County Senior Services 937-644-1010 option 5.

Calendar Corner

👉 **May 9th at 2pm: Welcome to Medicare** at Union County Services Building, 940 London Ave, Marysville, Oh 43040 Conference Room A, To RSVP call 937.644.1010 option 5

👉 **May 21st, 12pm-3pm: Hospets Event** FREE pet vaccinations: at Union County Services parking lot, 940 London Ave, Marysville, OH. No RSVP required.

👉 **June 23rd, 11am –1pm: Senior Farmers Market** at Union County Services Building, 940 London Ave, Marysville, Oh 43040 Conference room A/B

Adult Protective Services

Do you have concerns that a senior, 60 or over, is being maltreated? Examples include physical harm/injury, neglect, self-neglect, financial exploitation, verbal/emotional abuse, sexual abuse. Contact the Abuse Hotline at 937-644-1010 Option 1



Union County Neighbor to Neighbor
We are neighbors helping neighbors.

Union County Neighbor to Neighbor is a non-profit, membership-based organization that connects Union County residents to volunteers who help them age in their own homes and reduce social isolation. For a small annual fee, members receive access to services and social programs that help combat common barriers to remaining independent. Services provided include a variety of things like household chores, technology assistance, transportation, home and outdoor maintenance, deliveries, and companionship through phone calls and social visits. Neighbor to Neighbor relies on volunteerism from a vetted volunteer base to complete service requests in a timely manner for members. Social events and gatherings, educational opportunities, and at-home activities are held throughout the year to provide a sense of community for members and volunteers.

Are you looking for a way to stay connected with other seniors? Neighbor to Neighbor has volunteer opportunities for you! In addition to volunteers who help members with household tasks, we are also looking for social volunteers. Social volunteers are volunteers who visit with members in their homes or through phone calls each month to increase socialization. If you are interested in volunteering, please call the Neighbor to Neighbor office at 877-354-8262 or email ucn2nohio@gmail.com.

MyHello Line

Stay socially engaged and emotionally healthy with MyHello Line. Each week a trained staff member from LifeBio will call you to find out how you are doing and share in conversation. Calls typically last 15-20 minutes. There is no cost to you and your number will not be shared with others.

To find out more or sign up, call Union County Senior Services at 937.644.1010 ext. 5

Just for Laughs

Have you heard the rumor going around about butter?

Never mind, I shouldn't spread it.

I stayed up all night trying to figure out where the sun was.

Then it dawned on me.



Need a Ride?

Union County Senior Services wants to ensure Union County residents 60 years of age or more are getting their transportation needs met to the best of our ability with available resources. UCATS, A Way Out, Legends Lift & Transport, and WINGS are contracted to transport seniors to their activities of daily living (medical, shopping, banking, legal, exercise, library, miscellaneous civic needs, etc.) and activities of socialization **free** of charge to the senior. Below is the contact information for transportation.

- **UCATS** - call 937.642.5100 to schedule a ride or complete a request online at www.unioncountyohio.gov/ucats
- **A Way Out** - call to schedule at 614.381.1979
- **Legends Lift and Transport** - call to schedule at 937.358.2024
- **WINGS** - call to schedule at 937.642.9555

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is published monthly and mailed to Union County seniors and community members. If you would like to be added to the mailing list please contact Union County Senior Services at 937-644-1010 **Option 5**. If you would like to receive an electronic copy via email contact janell.alexander@jfs.ohio.gov.